

# M.V.S.R. ENGINEERING COLLEGE

## DEPARTMENT OF PHYSICAL EDUCATION

Nadergul, Hyderabad – 501 510, R.R Dist, TS

**Dr. Srinivasa Nallella**

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### INTRODUCTION

Dedicated educator with 16 years of experience seeking a position as a Physical Education Teacher maintains a passion for instilling in children the importance of lifelong learning, health and fitness. Serves as a role model through extensive participation in fitness activities and coaching of competitive (football / basketball / cricket) and non competitive with a focus on team sportsmanship, physical strength, endurance and flexibility.

**#Physical fitness #Team participation #Confidence building #Goal setting #Responsibility #Socialization**

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### OBJECTIVE

Involving in challenging full time position by applying my skills, and interest in future technology, being a person who enjoys working hard to achieve the goal and a great fascination to work in the field of physical education. Most appreciated qualities of mine are discipline, commitment, hardworking, positive attitude, sportsmanship, honesty and the confidence to bring successful changes in the work place.

### ACADEMICS

#### Professional Qualifications

- Ph.D in Physical Education, Osmania University, Hyderabad, 2014.
- M.Phil regular in Physical Education, Osmania University, Hyderabad- 2008.
- M. P. Ed **Regular 2 Years** from University College of Physical Education, Osmania University, Hyderabad. 2006 **First Class with Distinction.**
- B.P.Ed from Government College of Physical Education, Osmania University, Hyderabad. 2000-2001.

#### Professional Development

- **Qualified Andhra Pradesh State Eligible Test (APSET- 2012).**

#### Educational Qualifications

- M.Sc Psychology in SDLCE, Kakatiya University (M.Sc Psychology).
- Master's in Commerce from SDLCE, Kakatiya University in 2004.
- Bachelors of Business Management from University Arts & Science College, Kakatiya University, Warangal in 1997-2000.

### SPECIATION

- Master of philosophy - Broad field. **(Sports Psychology).**
- Master of Physical Education -**Foot ball.**

### AWARDS:

- **Young Scientist award** in International conference on Physical Education, Sports & Fitness – ICPEFSF -2017
- **Best Paper Award** in International Conference on Exercise Physiology and Nutrition for Enhance Health, Fitness and Sports Performance, organised by Department of Exercise Physiology and

Biomechanics, Tamil Nadu Physical Education and Sports University, from 5<sup>th</sup> to 7<sup>th</sup> March -2019. Title of the paper: Effect of Small Size Sided Games on Physical and Physiological Characteristics of Young Foot Ball Players at Warangal.

**INTERNATIONAL / NATIONAL CONFERENCES / SEMINARS / WORKSHOPS / PAPER PRESENTATION**

Sl. No.	Publications	No of Paper Presentations
1.	<b>International Journals</b>	<b>18</b>
2.	<b>National Journals</b>	<b>08</b>
	<b>Total Journals</b>	<b>26</b>
3.	<b>International Conferences</b>	<b>23</b>
4.	<b>National Conferences</b>	<b>31</b>
	<b>Total Conferences</b>	<b>54</b>
5.	<b>Workshops</b>	<b>10</b>
6.	<b>Publications in Proceedings</b>	<b>24</b>
7.	<b>Chairperson/ Co-Chair person in Scientific Sessions</b>	<b>17</b>
*Details enclosed		

**ORGANIZATIONS / ASSOCIATIONS / LIFE MEMBER**

- Member for the Indian Science Congress Association.
- **Organizing secretary** Foot ball Association of Warangal District.
- Member for National Association of Physical Education and Sports Science, Accredited by the international council of Health, Physical Education, recreation and Sports. Affiliated to ICSSPE.  
**www.napess.org**
- Member for world physical education sports research organization. **www.wpesro.com**
- Member for Indian Federation of Computer Science in Sports. **www.ifcss.in** Affiliated to International Association of Computer Science in Sport (IACSS).

**Qualified Referee / Umpire**

- Andhra Pradesh State Football Referee.
- Andhra Pradesh State Badminton Umpire.

**POSITIONS HELD:**

- Manager for the Osmania University Swimming team (M) participated in All India Inter Universities Swimming Championship held in Jain University, Bangalore, from 26<sup>th</sup> to 31<sup>st</sup> October 2018, Organized by Jain University, Bangalore.
- Manager for the Osmania University Swimming team (M&W) participated in All India Inter Universities Swimming Championship held in Chandigarh, from 26<sup>th</sup> to 30<sup>th</sup> October 2017, Organized by Punjab University, Chandigarh.

- Manager for the Osmania University Swimming team (M&W) participated in All India Inter Universities Swimming Championship held in Chandigarh, in October 2016, Organized by Punjab University, Chandigarh.
- Manager for the Osmania University Swimming team (W) participated in All India Inter Universities Swimming Championship held in Chandigarh, from October 2015, Organized by Punjab University, Chandigarh.
- Manager for the Osmania University Ball Badminton team (M) participated in All India Inter Universities Ball Badminton Championship held in Chennai, from 20<sup>th</sup> October to 24<sup>th</sup> December 2014, Organized by SRM University, Chennai.
- Coach for the Osmania University Swimming team (W) participated in All India Inter Universities Swimming Championship held in Amritsar, from 25<sup>th</sup> October to 29<sup>th</sup> October 2013, Organized by Guru Nanak Dev University, Amritsar
- Coach cum manager for the Kakatiya University Cycling team participated in All India Inter Universities Cycling Championship held in Patiala, from 28<sup>th</sup> October to 1<sup>st</sup> November 2011, Organized by Punjabi University.
- VIII<sup>th</sup> National Football Futsal Championship boys & girls under 17 & 19 years, Affiliated to Indian Soccer Futsal Federation. Organized by Tamilnadu State 5 a side Football Association, held at Sports Development Authority of Tamilnadu stadium Thanjavur, from 19<sup>th</sup> to 21<sup>st</sup> August 2011.
- IX<sup>th</sup> National Football Futsal Championship boys & girls under 21 years, Affiliated to Indian Soccer Futsal Federation. Organized by Gujarat state Soccer Futsal Association, held at SAI, Sports Complex Ground, Gandhinagar Gujarat, from 29<sup>th</sup> to 2<sup>nd</sup> October 2011.
- XII<sup>th</sup> Junior National Amateur Cricket Championship boys & girls, Affiliated to Amateur Cricket Federation of India. Organized by Gujarat state Amateur Cricket Association, held at Gymkhana Cricket Ground, Gandhinagar Gujarat, from 29<sup>th</sup> to 2<sup>nd</sup> October 2011.

## JOURNALS & PUBLICATIONS

Sl.No	Name of the Journals	Titles
<b>INTERNATIONAL JOURNALS</b>		
1.	National Association of Physical Education and sports sciences and International Journal of Health, physical Education & Computer Science in Sports. “Awareness on Sports for Youth Empowerment”. A Peer Reviewed (Refereed) International Research Journal. Publication Impact Factor 120R 4,005 ISRA Journal Impact factor 5.115	Effect of Small sided games on physical fitness and skill related variables among young football players at Warangal
2.	International Journal of research in Management Studies Volume -3 Issue- 12 Dec-2017 ISSN: 2321-4864 Pg:150-156, An Internationally Approved and Peer Reviewed Journal, UGC Approved Sl. No: 64521.	A Study on Sports and physical Activity for Healthy Wellbeing in Modern life style.
3.	Asian Journal of Physical Education and Computer Science in Sports. July to December, 2016, ISSN 0975—7732, Volume No.15, No.1.pg:23-26, Journal Impact Factor 3.441, A Peer Reviewed (Refereed) International Research Journal	Fitness And Exercise For Healthy Modern Lifestyle – A Study

4.	Indian Journal of Physical Education and Allied Sciences, Volume.1, No.2 Half Yearly July to December, 2015, IJPEAAS. ISSN 2395-6895 Pg: 85 -91	Pranayama Exercises can Reliefs Stress – A Study.
5.	Asian Journal of Physical Education & Computer Science in sports. Impact factor 0.5190, Vol.10, N0.2 January – June - 2014. ISSN: 0975-7732. Pg: 123-124. Published by Indian Federation of Computer Science in Sports. UGC Sponsored Two Day National Conference on Life Style Management and Wellness through Physical Activities, Yoga, Recreation & Sports. Organized by Malleswaram Ladies' Association First Grade College for Women, Affiliated to Bangalore University.	An Analytical Study on Physical Fitness Among Kho-Kho Players and Kabbadi Players of Osmania University
6.	Asian Journal of Physical Education & Computer Science in sports. Impact factor 0.5190, Vol.10, N0.2 January – June - 2014. ISSN: 0975-7732. Published by Indian Federation of Computer Science in Sports. UGC Sponsored Two Day National Conference on Life Style Management and Wellness through Physical Activities, Yoga, Recreation & Sports. Organized by Malleswaram Ladies' Association First Grade College for Women, Affiliated to Bangalore University.	The Role of Physical Activity & Sports in Preventing Disease and Promoting Healthy Life in Modern Life Style.
7.	Asian Journal of Physical Education & Computer Science in sports. Impact factor 0.5190, Vol.9, N0.1 July – December - 2013. ISSN: 0975-7732. Pg: 81-84. Published by Indian Federation of Computer Science in Sports.	A Psychological Factors of Football Players & Hockey Players – A Study
8.	International Research Journal on Health Fitness and Sports Science (IRJHFSS), Vol.1, Issue-2, October 2013. ISSN-2320-5202. Pg: 25 -27 Published by Research Department of Physical Education & Sports Science, National College (Autonomous) Tiruchirappalli-620001	Analytical Study on Physical Fitness and Physiological Traits among Kakatiya University Basket ball Players & Osmania University Basket ball Players.
9.	International Journal of Health, Physical Education & Computer Science in sports. Vol.11, N0.1 July –September 2013. ISSN 2231-3265. Pg: 133 -135. Published by Indian Federation of Computer Science in Sports. Journal Impact Factor 0.624, Index Journal of Directory of Research Journal Indexing.	Life Skills through Physical Education and Sports in Life Livelihood for School Children.
10.	Asian Journal of Physical Education & Computer Science in sports. Impact factor 0.5190, Vol.8, N0.2 January –June. 2013. ISSN: 0975-7732. Published by Department of Physical Education, Government College, Nandikotkur, Kurnool, A.P. in Association with Indian Federation of Computer Science in Sports.	Analytical Study on selected physical fitness components among Basket ball players & Net ball players of Alankhanipet high school in Warangal district.
11.	Asian Journal of Physical Education & Computer Science in sports. . Impact factor 0.5190, Vol.8, N0.2 January –June. 2013. ISSN: 0975-7732. Pg 49 -59. Published by Department of Physical Education, Government College, Nandikotkur, Kurnool, A.P. in Association with Indian Federation of Computer Science in Sports.	Physical Fitness and Its Significance on Physiological Aspects of Football Players in Osmania University.
12.	Asian Journal of Physical Education & Computer Science in sports. Vol.7, N0.1 July –December. 2012. ISSN: 0975-7732. Pg 82 -85. Published by Indian Federation of Computer Science in Sports.	Physical Fitness and Its Significance on Physiological Aspects of Football Players in Kakatiya University.
13.	International Journal of Health, Physical Education & Computer Science in sports. Vol.7, N0.1 July –September 2012. ISSN 2231-3265. Pg: 125 -128. Published by Indian Federation of Computer Science in Sports.	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
14.	International Journal of Health, Physical Education & Computer Science in sports. Vol.5, N0.1 January –March 2012. ISSN 2231-3265. Pg: 104 107. Published by Indian	Analytical Study on Specific psychomotor Skills and Psychological Factors of Football Players & Hockey Players in Telangana

	Federation of Computer Science in Sports.	Universities.
15.	Asian Journal of Physical Education & Computer Science in sports. Vol.4, N0.1 January –June. 2011. ISSN: 0975-7732. Published by Indian Federation of Computer Science in Sports.	An Analytical Study on Psychological Factors of Football Players & Hockey Players in Telangana Universities.
16.	Asian Journal of Physical Education & Computer Science in sports. Vol.3, N0.1 July –Dec. 2010. ISSN: 0975-7732. Pg: 47. Published by Indian Federation of Computer Science in Sports.	Warming up and Stretching Exercises will Reduce the Risk of Sports Injuries
17.	Asian Journal of Physical Education & Computer Science in sports. Vol.1, N0.1 July –Dec. 2009. ISSN: 0975-7732. Pg: 6 - 7. Published by Indian Federation of Computer Science in Sports.	Physical Education with Modern Technology in Sparkrill International school Warangal
18.	Asian Journal of Physical Education & Computer Science in sports. Vol.1, N0.1 July –Dec. 2009. ISSN: 0975-7732. Published by Indian Federation of Computer Science in Sports.	A Critical Analysis of Physical fitness and Physiological Traits of Volley ball Players in kakatiya University and Osmania University.

### NATIONAL JOURNALS

1.	Journal of Physical Education and sports Science. Volume – II- 2014. ISSN:2229-7049, Pg: 318 – 323. Under the Aegis of NAPESS	Appraise of Goal Line Technology & Dual Referee System in Football
2.	Journal of Physical Education and Allied Sciences, Seminar Special Edition. ISSN: 2230-7397. Printed, Published by and Owned by Tika Ram Foundation.	Analytical Study on Women Physical Fitness of Basket ball Players and Hand ball players in Osmania University.
3.	Osmania Journal of Physical Education Vol-1 issue 06, July 2012. Annual –ISSN 0974-7109. Pg: 33- 41. Published by Department of Physical Education Osmania University.	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
4.	NAPESS Journal	A Critical Analysis of Physical Fitness on Volley Ball Players in Telangana Universities
5.	Osmania Journal of Physical Education Vol-1 issue 05, January 2011. Annual –ISSN 0974-7109. Pg: 149 – 156. Published by Department of Physical Education Osmania University.	Analytical Study on Specific psychomotor Skills of Football Players & Hockey Players in Telangana Universities.
6.	Osmania Journal of Physical Education Vol-1 issue 04, January 2010. Annual –ISSN 0974-7109. Pg: 57 -59. Published by Department of Physical Education Osmania University.	The modern Technology in Physical Education for Healthy life Style
7.	Osmania Journal of Physical Education Vol-1 issue 03, January 2009. Annual –ISSN 0974-7109. Pg: 81 -83. Published by Department of Physical Education Osmania University.	Techniques to Avoid Competition Anxiety.
8.	Osmania Journal of Physical Education Vol-1 issue 01, June 2007. Pg: 190 -191. Published by Department of Physical Education Osmania University.	Role of Information Technology in Modern Sports.

### PUBLICATIONS IN PROCEEDINGS

Sl.No	Name of the Conference	Titles / Papers
1.	Proceedings on International Conference on Exercise Physiology and Nutrition for Enhance Health, Fitness and Sports Performance, organised by Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, from 5 <sup>th</sup> to 7 <sup>th</sup> March -2019. ISBN:978-81-937479-1-9 Pg:81-83-March-2019.	Effect Of Small Size Sided Games On Physical And Physiological Characteristics Of Young Foot Ball Players At Warangal
2.	International Conference on Quality Teacher Education vis-à-vis School Education, from 24 <sup>th</sup> to 25 <sup>th</sup> January 2019 organised by Department of Education, University College of Education,	Physical Education & Sports in School Education – A Study

	Osmania University, Hyderabad.	
3.	National College Centenary International Congress on Renaissance in Sports, Strategies Challenges Choices, from 6 <sup>th</sup> to 10 <sup>th</sup> January-2019. Organised by National College, Tiruchirapalli, Tamil Nadu	Evaluation On Technology In Football & Need Of Dual Referee System- A Study
4.	UGC Sponsored Two Day National Conference on Sports Culture in 21 <sup>st</sup> Century, 29 <sup>th</sup> & 30 <sup>th</sup> December - 2017, organised by Department of Physical Education, St. Joseph's College for Women(A), Visakhapatnam, Andhra Pradesh. International Journal of Health, Physical Education and Computer Science in Sports, ISSN 2231-3265, Publication Impact 120R 3.565 ISRA Journal Impact Factor 4.005.	Effect of Training Methods on Physical Fitness an Physiological Variables of Kabaddi Players Among Tribal High School Students of Warangal District
5.	International Conference on Physical Education, fitness and Sports Science -2017, organised by Department of Physical Education, Osmania University, Hyderabad from 19 <sup>th</sup> & 20 <sup>th</sup> August- 2017. International Journal of Health, Physical Education and Computer Science in Sports ISSN: 2231-3265 (On-line and print) Journal Impact factor is 3.565. PP 27-31.	A Study On Health and Fitness for Healthy Modern Technological lifestyle
6.	ICT and Education. ISBN No: 978-1-926488-51-6. First edition 2017 – Pg: 33-36. International Multidisciplinary Conference on education for future: Issues and Challenges, from 8 <sup>th</sup> & 9 <sup>th</sup> July 2017. Organised by Department of Education, Osmania University, Hyderabad.	Organic fitness & Yoga for healthy modern technological lifestyle – A study
7.	Effective Use of ICT for effective Teaching and Learning. ISBN No: 978-93-84845-16-2. Pg: 26 – 30. International Conference on Developing Thinking and Learning with ICT: Changing Education for Future Needs, from 29 <sup>th</sup> & 30 <sup>th</sup> May-2016, Organised by Department of Education, Osmania University, Hyderabad.	Modern Technology In Physical Education & Sports Sciences
8.	2 <sup>nd</sup> International Conference on Recent Technological Advancement & Entrepreneurship in Sports, ICON Sports-2016, from 12 <sup>th</sup> & 13 <sup>th</sup> March-2016, organised by Institute of Medical Sciences, Banaras Hindu University, Varanasi, Edition: I, Vol: II 2016,ISBN:978-81-9239483-3-6Pg:76 – 78.	Effect of Pranayama Exercises on Cardio Vascular Endurance of Basket ball Players
9.	Proceedings of Two day UGC National Seminar on Physical Education 21 <sup>st</sup> Century – Research Perspective, Organised by Department of Physical Education, Government Degree College, Nandikotkur, Kurnool, Andhra Pradesh.	A Study on Psychological Traits of Ranga Reddy District & Hyderabad District Kabaddi Players
10.	National Seminar on Role of Sports and Nutrition its Impact on Personality Development, Organised by KVR Women's College, Kurnool, Andhra Pradesh. First Edition: 2015, ISBN: 978-81-921580-6-8	A Role of Physical Exercises and Nutrition for Healthy Life in Modern Life Style
11.	Education and Mental Health, organised by Department of Physical Education, Osmania University, First Edition: 2015, ISBN: 978-81-928910-4-0	Benefits of Girls Participation in Physical Activities and Sports
12.	UGC National Conference on Current Fitness Trends, 26 <sup>th</sup> & 27 <sup>th</sup> February 2015. Pg: 14 -16. organised by Department of Physical Education, Sri Padmavathi Mahila Visvavidyakayam (Women's University) Tirupati, Andhra Pradesh. ISBN: 978-93-80528-25-0	Goal Line Technology & Dual Referee System in Football.
13.	25 <sup>th</sup> Pan Asian Conference of Sports & Physical Education - 2014 from 8 <sup>th</sup> to 10 <sup>th</sup> August. Hosted by Indian Federation of Computer Science in sports & pan Asian Society of Sports & Physical Education, at Osmania University. ISSN 2231-3265.	Goal Line Technology & Dual Referee System in Soccer.
14.	25 <sup>th</sup> Pan Asian Conference of Sports & Physical Education - 2014 from 8 <sup>th</sup> to 10 <sup>th</sup> August. Hosted by Indian Federation of Computer Science in sports & pan Asian Society of Sports &	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana

	Physical Education, at Osmania University. ISSN 2231-3265.	Universities.
15.	Two day National Seminar on Education for Women – Empowering Strategies. From 28 <sup>th</sup> & 29 <sup>th</sup> March - 2014. Organised by Department of Education, Osmania University, Hyderabad-07. ISBN:979-91-926678-5-0.	Empowering Women and Girls Through Physical Education and Sports- A Study
16.	UGC National Conference on Role of Latest Gadgets in Improving Sports and Games Performance. Department of Physical Education, Sri Padmavathi Mahila Visvavidyalayam (Women’s University) Tirupathi, Chittor, Andhra Pradesh. . Published by Pallavi Sri Publications and Mass Communications Sathy Road, Erode. ISBN: 978-93-81830-48-2. Pg: 37 – 40.	Analytical Study on Physical fitness & Physiological Traits among Kakatiya University & Osmania University foot ball players.
17.	International Conference on Physical Education & Sports Science. On 8 <sup>th</sup> to 11 <sup>th</sup> January 2014. Pg: 1 to 5. Organised by Manipal University, Under the aegis of NAPESS. Theme: “Vision 2020 – Global Excellence in Physical Education & Sports Science.	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
18.	One day National Conference on Right to Education: Issues & Challenges organised by Department of Education, Osmania University, Hyderabad-07. On 4 <sup>th</sup> January - 2014. Published by Naresh Anuganti for Pragma Publications. ISBN: 978-81-926678-6-7	The Role of Teacher in Children’s Education RTE – A Study.
19.	UGC sponsored National Conference on Physical Education- A Human Wellness Science, 3 <sup>rd</sup> to 4 <sup>th</sup> June 2013. Impact factor 0.5190, Vol.8, N0.2 January –June. 2013. ISSN0 0975-7732. Held at Department of Physical Education, Government College, Nandikotkur, Kurnool, A.P.	Physical Fitness and Its Significance on Physiological Aspects of Football Players in Osmania University.
20.	UGC sponsored National Conference on Physical Education- A Human Wellness Science, 3 <sup>rd</sup> to 4 <sup>th</sup> June 2013. Impact factor 0.5190, Vol.8, N0.2 January –June. 2013. ISSN0 0975-7732. Held at Department of Physical Education, Government College, Nandikotkur, Kurnool, A.P.	Analytical Study on selected physical fitness components among Basket ball players & Net ball players of Alankhanipet high school in Warangal district.
21.	International Conference on Futuristic Trends in Physical Education, held at Punjabi University Patiala, Punjab on 24-26 January 2013. Published by Twenty First Century Publication, Patiala – ISBN- 978-93-80144-63-4	Analytical study of Search Talent in Table Tennis for Boys Tejaswi high School Warangal.
22.	UGC sponsored National Conference on Women in Sports –Socio Economic & cultural Challenges, held at Andhra Mahila Sabha Arts & Science college for Women- 29 <sup>th</sup> to 30 <sup>th</sup> June 2012. Published by M. Sridevi – ISBN – 978-81-925374-4-3	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
23.	UGC sponsored National Conference on Women in Sports –Socio Economic & cultural Challenges, held at Andhra Mahila Sabha Arts & Science college for Women- 29 <sup>th</sup> to 30 <sup>th</sup> June 2012. Published by M. Sridevi – ISBN – 978-81-925374-4-3	Effect of Pranayama Exercises on Reaction Time among Women Basket ball Players of Kakatiya University.
24.	Tends and Technologies in Sports Psychology. Published by Dr V. Satyanarayana – ISBN No 97881-922309-0-0.	Role of Information Technology in Modern Sports.

### INTERNATIONAL CONFERENCES

Sl.No	Name of the Conference	Titles / Papers
1.	International Conference on Exercise Physiology and Nutrition for Enhance Health, Fitness and Sports Performance, organised by Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, from 5 <sup>th</sup> to 7 <sup>th</sup> March -2019.	Effect Of Small Size Sided Games On Physical And Physiological Characteristics Of Young Foot Ball Players At Warangal
2.	International Conference on Quality Teacher Education vis-à-	Physical Education & Sports in School

	vis School Education, from 24 <sup>th</sup> to 25 <sup>th</sup> January 2019 organised by Department of Education, University College of Education, Osmania University, Hyderabad.	Education – A Study
3.	National College Centenary International Congress on Renaissance in Sports, Strategies Challenges Choices, from 6 <sup>th</sup> to 10 <sup>th</sup> January-2019. Organised by National College, Tiruchirapalli, Tamil Nadu	Evaluation On Technology In Football & Need Of Dual Referee System- A Study
4.	Global Conference on Physical Education & Sports Science - 2018, theme “Awareness on Sports for Youth Empowerment” from 11 <sup>th</sup> to 13 <sup>th</sup> October 2018. organised by University College of Physical Education and Sports Sciences, Acharya Nagarjuna University, Guntur.	Effect of Small sided games on physical fitness and skill related variables among young football players at Warangal
5.	International Conference on Sports Medicine & Sports Sciences. 1 <sup>st</sup> SAICON – 2017, Delhi. Organised by Sports Authority of India, Delhi. From 7 <sup>th</sup> to 9 <sup>th</sup> December 2017.	A Study on Technology & Dual Referee System in Football
6.	International Conference on Physical Education, fitness and Sports Science -2017, organised by Department of Physical Education, Osmania University, Hyderabad from 19 <sup>th</sup> & 20 <sup>th</sup> August- 2017.	A Study On Health and Fitness for Healthy Modern Technological lifestyle
7.	International Multidisciplinary Conference on education for future: Issues and Challenges, from 8 <sup>th</sup> & 9 <sup>th</sup> July 2017. Organised by Department of Education, Osmania University, Hyderabad.	Organic fitness & Yoga for healthy modern technological lifestyle – A study
8.	X International Geographical Union, Conference on Urbanization, Health & Well Being and Sustainable Development goals, from 17 <sup>th</sup> to 19 <sup>th</sup> March- 2017, organised by Department of Geography, Osmania University	Physical activity and sports for health and well being in modern life style – A study.
9.	International conference in Physical Education, sports & fitness – ICPEFSF -2017- Strategies to reform physical education, sports and fitness, from 27 <sup>th</sup> to 29 <sup>th</sup> January -2017, organised by Department of Physical Education, Kakatiya Medical College.	Evaluation on Smart Technology in Physical Education & Sports Sciences
10.	International conference in Physical Education and sports science -ICPESS-2017- “Emerging Trends in Fitness and Sports Science” from 5 <sup>th</sup> to 7 <sup>th</sup> January 2017, organised by Manipal University at Jaipur	Analytical Study on Psychological Traits of Osmania University & Kakatiya University Kabaddi Players
11.	International Conference on Developing Thinking and Learning with ICT: Changing Education for Future Needs, from 29 <sup>th</sup> & 30 <sup>th</sup> May- 2016, Organised by Department of Education, Osmania University, Hyderabad.	Modern Technology In Physical Education & Sports Sciences
12.	2 <sup>nd</sup> International Conference on Recent Technological Advancement & Entrepreneurship in Sports, ICON Sports-2016, from 12 <sup>th</sup> & 13 <sup>th</sup> March-2016, organised by Institute of Medical Sciences, Banaras Hindu University, Varanasi, Edition: I, Vol: II 2016, ISBN: 978-81-9239483-3-6	Effect of Pranayama Exercises on Cardio Vascular Endurance of Basket ball Players
13.	25 <sup>th</sup> Pan Asian Conference of Sports & Physical Education - 2014 from 8 <sup>th</sup> to 10 <sup>th</sup> August. Hosted by Indian Federation of Computer Science in sports & pan Asian Society of Sports & Physical Education, at Osmania University.	Goal Line Technology & Dual Referee System in Soccer.
14.	25 <sup>th</sup> Pan Asian Conference of Sports & Physical Education - 2014 from 8 <sup>th</sup> to 10 <sup>th</sup> August. Hosted by Indian Federation of Computer Science in sports & pan Asian Society of Sports & Physical Education, at Osmania University.	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
15.	International Conference on Recent Trends in Fitness, Health & Sports Science. From 1 <sup>st</sup> to 4 <sup>th</sup> August 2014, Organised by International Federation for Fitness Health, Physical	Pranayama Exercises and its Significance on Physiological Aspects of Children with Special Needs in Osmania University



	Education and Iron Games. Theme Global Fitness, Health and Sports Science.	Hyderabad.
16.	International Conference on Physical Education & Sports Science. From 8 <sup>th</sup> to 11 <sup>th</sup> January 2014. Organised by Manipal University, Under the aegis of NAPESS. Theme: “Vision 2020 – Global Excellence in Physical Education & Sports Science.	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
17.	Global conference on Traditional Physical Cultures, Sports & Games, Organized by Shree Hanuman Vyayam Prasarak Mandal, Amaravati, Maharashtra. 15 <sup>th</sup> to 17 <sup>th</sup> January-2013.	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
18.	International Conference on Global Innovations, Strategies & Policies in Physical Education & Sports Sciences, Organized by Gurukul Kangri Vishwavidyalaya, Haridwar 24 <sup>th</sup> to 26 <sup>th</sup> February 2012.	Analytical Study on Psychomotor Skills of Football Players & Hockey Players in Telangana Universities.
19.	International Conference on Physical Education Recreation and Yogic Science, held at Varanasi, Banaras Hindu University, 19 <sup>th</sup> to 21 <sup>st</sup> January-2012.	A Study on Psychological Factors of Football Players & Hockey Players in Osmania University.
20.	International Conference on Physical Education & Sports Science. Under the auspices of National Association of Physical Education & Sports Sciences (NAPESS). Held at Panaji, Goa. 25 <sup>th</sup> to 27 <sup>th</sup> February 2011.	The Role of Physical Activity in Preventing Disease and Enhancing Healthy Life Style in modern Life.
21.	17 <sup>th</sup> Biennial Conference of the International Society for Comparative Physical Education and Sport. Kenyatta University, Nariobi, Kenya. 6 <sup>th</sup> – 8 <sup>th</sup> June 2010.	Effects of Pranayama Exercises on Cardio Vascular Endurance of Football Players.
22.	Asian Conference on Physical Education & Computer Science in Sports. Under the auspices of International Association of Computer Science in sports. Organized by Indian Federation of Computer Science in Sports held at Hyderabad. 7 <sup>th</sup> to 9 <sup>th</sup> May 2010.	Physical Education with Modern Technology in Sparkrill International School Warangal.
23.	Pre world military games scientific conference, International Conference. Organized by SAAP, Hyderabad India. October-2007.	Sports Psychology.

### NATIONAL CONFERENCES

Sl.No	Name of the Conference	Titles / Papers
1.	National conference of sport and exercise psychology. Practices pursuits & promises. From 29 <sup>th</sup> to 31 <sup>st</sup> March -2019. In collaboration with sports Psychology Association of India Organised by Department of Physical Education, National Institute of Technology, Warangal.	A Psychological Factors Of Kabaddi Players & Kho - Kho Players Of Telangana State – A Study
2.	UGC Sponsored Two day National Seminar on Climate Change & Its Impact of Animal Biodiversity. From 28 <sup>th</sup> & 29 <sup>th</sup> March - 2019, organised by Department of Zoology, Kakatiya University, Warangal.	Physical Activity, Exercises And Nutrition For Healthy Life In Modern Life Style – A Study
3.	UGC Sponsored Two day National Seminar on promoting Positive Psychology Mental Health and Well-Being Challenges and Opportunities. From 16 <sup>th</sup> & 17 <sup>th</sup> March - 2019. Organised by Department of Psychology Kakatiya University & School of Distance Learning and Continuing Education, Kakatiya University, Warangal.	Physical Activity & Sports For Healthy Modern Technological Lifestyle – A Study
4.	National Seminar on Status of Education, Health & Environment in India. From 16 <sup>th</sup> & 17 <sup>th</sup> February – 2018. Organised by Department of Economics, Kakatiya University, Warangal, TS. India	A Study on Sports and Physical Activity for Healthy Wellbeing in Modern Lifestyle
5.	UGC Sponsored Two Day National Conference on Sports Culture in 21 <sup>st</sup> Century, 29 <sup>th</sup> & 30 <sup>th</sup> December - 2017, organised by Department of Physical Education, St. Joseph’s College for	Effect of Training Methods on Physical Fitness and Physiological variables of Kabaddi Players among Tribal high

	Women(A), Visakhapatnam, Andhra Pradesh.	school students of Warangal district
6.	UGC National Conference on Current Fitness Trends, 26 <sup>th</sup> & 27 <sup>th</sup> February 2017 organised by Department of Physical Education, Sri Padmavathi Mahila Visvavidyakayam (Women's University) Tirupati, Andhra Pradesh.	Empowering women and girls through Physical education and sports- A study
7.	Two day UGC National Seminar on Physical Education 21 <sup>st</sup> Century – Research Perspective, 11 <sup>th</sup> & 12 <sup>th</sup> July -2015, Organised by Department of Physical Education, Government Degree College, Nandikotkur, Kurnool, Andhra Pradesh.	A Study on Psychological Traits of Ranga Reddy District & Hyderabad District Kabaddi Players
8.	UGC National Conference on Current Fitness Trends, 26 <sup>th</sup> & 27 <sup>th</sup> February 2015 organised by Department of Physical Education, Sri Padmavathi Mahila Visvavidyakayam (Women's University) Tirupati, Andhra Pradesh.	Goal Line Technology & Dual Referee System in Football.
9.	National Seminar on Role of Sports and Nutrition its Impact on Personality Development, 18 <sup>th</sup> & 19 <sup>th</sup> February 2015, Organised by KVR Women's College, Kurnool, Andhra Pradesh.	A Role of Physical Exercises and Nutrition for Healthy Life in Modern Life Style
10.	Two day National Seminar on Mental Health and Well being: Implications for School Education. From 22 <sup>nd</sup> & 23 <sup>rd</sup> December - 2014. Organised by Department of Education, Osmania University, Hyderabad- 07.	Girls Participation in Physical Activities for Better Mental Health and Well Being Through Physical Education & Sports
11.	National Conference on Physical Education & Allied Sciences. From 5 <sup>th</sup> & 6 <sup>th</sup> October-2014, Organised by Department of Physical Education, Kakatiya Medical College, Warangal.	Appraise of Goal Line Technology & Dual Referee System in Football
12.	Two day National Seminar on Education for Women – Empowering Strategies. From 28 <sup>th</sup> & 29 <sup>th</sup> March - 2014. Organised by Department of Education, Osmania University, Hyderabad-07.	Empowering Women and Girls Through Physical Education and Sports- A Study
13.	UGC Sponsored Two day National Conference on Stress and Well-Being. From 24 <sup>th</sup> & 25 <sup>th</sup> March - 2014. Organised by Department of Psychology Kakatiya University & School of Distance Learning and Continuing Education, Kakatiya University.	Pranayama Exercises Can Reliefs Stress – A Study
14.	UGC Sponsored Two day National Conference on Stress and Well-Being. From 24 <sup>th</sup> & 25 <sup>th</sup> March - 2014. Organised by Department of Psychology Kakatiya University & School of Distance Learning and Continuing Education, Kakatiya University.	An Analytical Study on Mental Toughness of Kho-Kho Players
15.	Two day National Conference on Human Right to Education – New Challenges. On 8 <sup>th</sup> & 9 <sup>th</sup> March - 2014. Organised by University College of Law, Osmania University, Hyderabad-07.	School Health Programmes is the Important Components of Total Health System in Future Citizens.
16.	UGC Sponsored Two Day National Conference on Life Style Management and Wellness through Physical Activities, Yoga, Recreation & Sports. Organized by Malleswaram Ladies' Association First Grade College for Women, Affiliated to Bangalore University.	An Analytical Study on Physical Fitness Among Kho-Kho Players and Kabbadi Players of Osmania University
17.	UGC Sponsored Two Day National Conference on Life Style Management and Wellness through Physical Activities, Yoga, Recreation & Sports. Organized by Malleswaram Ladies' Association First Grade College for Women, Affiliated to Bangalore University.	The Role of Physical Activity & Sports in Preventing Disease and Promoting Healthy Life in Modern Life Style
18.	One day National Conference on Right to Education: Issues & Challenges. On 4 <sup>th</sup> January - 2014. Organised by Department of Education, Osmania University, Hyderabad-07.	The Role of Teacher in Children's Education RTE – A Study.
19.	UGC sponsored National Conference on Physical Education-A Human Wellness Science, 3 <sup>rd</sup> to 4 <sup>th</sup> June 2013. Held at Department of Physical Education, Government College, Nandikotkur, Kurnool, A.P.	Physical Fitness and Its Significance on Physiological Aspects of Football Players in Osmania University.

20.	UGC sponsored National Conference on Physical Education-A Human Wellness Science, 3 <sup>rd</sup> to 4 <sup>th</sup> June 2013. Held at Department of Physical Education, Government College, Nandikotkur, Kurnool, A.P.	Analytical Study on selected physical fitness components among Basket ball players & Net ball players of Alankhanipet high school in Warangal district.
21.	UGC sponsored National Conference on Women in Sports –Socio Economic & cultural Challenges, held at Andhra Mahila Sabha Arts & Science college for Women- 29 <sup>th</sup> to 30 <sup>th</sup> June 2012.	Analytical Study on Specific psychomotor Skills and Psychological factors of Football Players & Hockey Players in Telangana Universities.
22.	UGC sponsored National Conference on Women in Sports –Socio Economic & cultural Challenges, held at Andhra Mahila Sabha Arts & Science college for Women- 29 <sup>th</sup> to 30 <sup>th</sup> June 2012.	Effect of Pranayama Exercises on Reaction Time among Women Basket ball Players of Kakatiya University.
23.	UGC sponsored National Conference on Women in Sports –Socio Economic & cultural Challenges, held at Andhra Mahila Sabha Arts & Science college for Women- 29 <sup>th</sup> to 30 <sup>th</sup> June 2012.	Analytical Study on Women Fitness of Basket ball Players & Hand ball Players in kakatiya University.
24.	UGC sponsored National Seminar on Recent Advances in Physical Education and Sports organized by University College of Physical Education, Kakatiya University, Warangal 16 <sup>th</sup> to 17 <sup>th</sup> March 2012.	Effect of Pranayama Exercises on Cardio Vascular Endurance of Basket ball players
25.	UGC sponsored National Seminar on Recent Advances in Physical Education and Sports organized by University College of Physical Education, Kakatiya University, Warangal 16 <sup>th</sup> to 17 <sup>th</sup> March 2012.	Analytical Study on Specific Psychomotor Skills of Football Players & Hockey Players in Osmania Universities
26.	UGC sponsored National Seminar on Recent Advances in Physical Education and Sports organized by University College of Physical Education, Kakatiya University, Warangal 16 <sup>th</sup> to 17 <sup>th</sup> March 2012.	A psychological factors of Football Players & Hockey Players – A Study
27.	National Conference on Latest Trends & Technologies in Sports Psychology held at Nizam College, Osmania University Hyderabad, June-2009.	Techniques to avoid competition anxiety.
28.	3 <sup>rd</sup> National Conference on Professional & scientific approach of physical Education & sports in 21 <sup>st</sup> century held at Haridwar February 2008.	Effect of Meditational Practices on Reaction Time & Movement time among Elite Athletes of Kakatiya University.
29.	National Conference on Latest Trends & Technologies in Physical Education & Sports held at Nizam College, Osmania University Hyderabad- June-2007.	Role of Information Technologies in modern sports.
30.	11 <sup>th</sup> National Conference on Dynamic Role of Physical Education & Sports Science for the Development of Sports Culture in Indian Universities. Organized by National Association of Physical Education & Sports Sciences. (NAPESS) held at Kolkata feb-2007.	A study on Cardio Vascular Efficiency among Corporative Degree College Girls and Govt Degree College Girls at Osmania University Hyderabad.
31.	19 <sup>th</sup> National Conference of Sports Psychology held at Osmania University, January-2007.	-----

## WORKSHOPS

Sl.No	Name of the workshop
1.	International Workshop on Physical Education & Sports Science -2018, held at Nizam College, Osmania University, Hyderabad. on 10 <sup>th</sup> October 2018. In association with Indian Federation of Computer Science in Sports. International Federation of Physical Education, Fitness and Sports Science Associations.
2.	Workshop on Anti Doping Awareness, under the aegis of National Anti Doping Agency, jointly organized by Indian Federation of Computer Science in Sports & Physical Education Foundation of India. In Association with Department of Physical education Osmania university, Hyderabad. On 7 <sup>th</sup> June 2018.
3.	International Workshop on Recent Trends in Physical Education and Sports Industry-2016, held at FTAPCCI Bhavan, Red Hills, Hyderabad, Telangana. On 26 <sup>th</sup> & 27 <sup>th</sup> June -2016. Organized by Indian

	Federation of Computer Science in Sports. Under the auspices of: International Association of Computer Science in Sports
4.	Workshop in Data Analysis Using SPSS in Physical Education-2016, held at Conference Hall, University Guest House, Osmania University, Hyderabad, Telangana, on 24 <sup>th</sup> & 25 <sup>th</sup> June -2016. Organized by Indian Federation of Computer Science in Sports.
5.	One day workshop on Sports...Need of the Nation, Multidisciplinary Approach for Enhancing Performance of a Player, organized by Uni. College Physical Education, Osmania University. Gaman, Physio Care, Hyderabad. You & Me Counseling & P.D Training Center, Hyderabad. On 4 <sup>th</sup> September 2014.
6.	Midterm CME – 2014- Indian Psychiatric Society, Andhra Pradesh State Branch, Theme: The Mindset of an Ideal Psychiatrist & How to Prevent Professional Hazard and Burnout- held at NRI Auditorium, Kakatiya Medical College, Warangal. On 9 <sup>th</sup> February 2014.
7.	Andhra Pradesh Badminton Technical Officials Workshop, held at Kakatiya Institute of Technology & Science, Warangal on 1 <sup>st</sup> to 3 <sup>rd</sup> February 2013.
8.	Workshop on Sports –Biomechanics Approach, held at Kakatiya Medical College Warangal on 3 <sup>rd</sup> June 2011.
9.	Attended work shop on NSS & NYKS inters face in the community development (A pilot study) at Rajiv Gandhi National Institute of Youth Development University Chennai. On 7 <sup>th</sup> March 2011.
10.	Work shop on physical Education in 21 <sup>st</sup> century. Held at Government College for Women. Begumpet Hyderabad. 22 <sup>nd</sup> March 2007.

### CHAIRPERSON / CO-CHAIR PERSON IN SCIENTIFIC SESSIONS OF INTERNATIONAL / NATIONAL CONFERENCES

Sl.No	Name of the Conference	Chair & Sessions
1.	International Conference on Exercise Physiology and Nutrition for Enhance Health, Fitness and Sports Performance, organised by Department of Exercise Physiology and Biomechanics, Tamil Nadu Physical Education and Sports University, from 5 <sup>th</sup> to 7 <sup>th</sup> March -2019.	Chair person on 6 <sup>th</sup> March 2019
2.	National College Centenary International Congress on Renaissance in Sports, Strategies Challenges Choices, from 6 <sup>th</sup> to 10 <sup>th</sup> January-2019. Organised by National College, Tiruchirapalli, Tamil Nadu	Chair person on 9 <sup>th</sup> January 2019
3.	National College Centenary International Congress on Renaissance in Sports, Strategies Challenges Choices, from 6 <sup>th</sup> to 10 <sup>th</sup> January-2019. Organised by National College, Tiruchirapalli, Tamil Nadu	Chair person on 8 <sup>th</sup> January 2019
4.	Global Conference on Physical Education & Sports Science -2018, theme "Awareness on Sports for Youth Empowerment" from 11 <sup>th</sup> to 13 <sup>th</sup> October 2018. organised by University College of Physical Education and Sports Sciences, Acharya Nagarjuna University, Guntur.	Chair person on 12 <sup>th</sup> October 2018
5.	Global Conference on Physical Education & Sports Science -2018, theme "Awareness on Sports for Youth Empowerment" from 11 <sup>th</sup> to 13 <sup>th</sup> October 2018. organised by University College of Physical Education and Sports Sciences, Acharya Nagarjuna University, Guntur.	Chair person on 12 <sup>th</sup> October 2018
6.	International Workshop on Physical Education & Sports Science -2018, held at Nizam College, Osmania University, Hyderabad	Chair person on 10 <sup>th</sup> October 2018
7.	UGC Sponsored Two Day National Conference on Sports Culture in 21 <sup>st</sup> Century, 29 <sup>th</sup> & 30 <sup>th</sup> December - 2017, organised by Department of Physical Education, St. Joseph's College for Women(A), Visakhapatnam, Andhra Pradesh.	Chair person on 29 <sup>th</sup> December 2017
8.	International Conference on Sports Medicine & Sports Sciences. 1 <sup>st</sup> SAICON – 2017, Delhi. Organised by Sports Authority of India, Delhi. From 7 <sup>th</sup> to 9 <sup>th</sup> December 2017.	Chair person on 7 <sup>th</sup> December 2017
9.	International Conference on Physical Education, fitness and Sports Science -2017, organised by Department of Physical Education, Osmania University, Hyderabad from 19 <sup>th</sup> & 20 <sup>th</sup> August- 2017.	Chair person on 19 <sup>th</sup> August 2017
10.	UGC National Conference on Current Fitness Trends, 26 <sup>th</sup> & 27 <sup>th</sup> February 2015 organised by Department of Physical Education, Sri Padmavathi	Chair person on 27 <sup>th</sup> February 2017

	Mahila Visvavidyakayam (Women's University) Tirupati, Andhra Pradesh.	
11.	International conference in Physical Education, sports & fitness – ICPEF -2017- Strategies to reform physical education, sports and fitness, from 27 <sup>th</sup> to 29 <sup>th</sup> January -2017, organised by Department of Physical Education, Kakatiya Medical College.	Chair person on 28 <sup>th</sup> January 2017
12.	International conference in Physical Education and sports science - ICPESS-2017- “Emerging Trends in Fitness and Sports Science” from 5 <sup>th</sup> to 7 <sup>th</sup> January 2017, organised by Manipal University at Jaipur	Co- chair person on 6 <sup>th</sup> January 2017
13.	UGC National Conference on Current Fitness Trends, 26 <sup>th</sup> & 27 <sup>th</sup> February 2015 organised by Department of Physical Education, Sri Padmavathi Mahila Visvavidyakayam (Women's University) Tirupati, Andhra Pradesh.	Chair Person, on 27 <sup>th</sup> February, 2015, Session-10
14.	National Conference on Physical Education & Allied Sciences. From 5 <sup>th</sup> & 6 <sup>th</sup> October-2014, Organised by Department of Physical Education, Kakatiya Medical College, Warangal.	Co-Chair Person, on 5 <sup>th</sup> October 2014, Session-3
15.	25 <sup>th</sup> Pan Asian Conference of Sports & Physical Education -2014 from 8 <sup>th</sup> to 10 <sup>th</sup> August. Hosted by Indian Federation of Computer Science in sports & pan Asian Society of Sports & Physical Education, at Osmania University.	Chair Person, on 10 <sup>th</sup> August 2014, Session-,
16.	International Conference on Recent Trends in Fitness, Health & Sports Science. From 1 <sup>st</sup> to 4 <sup>th</sup> August 2014, Organised by International Federation for Fitness Health, Physical Education and Iron Games. Theme Global Fitness, Health and Sports Science.	Co-Chair Person, on 2 <sup>nd</sup> August 2014, Session-1
17.	International Conference on Physical Education & Sports Science. From 8 <sup>th</sup> to 11 <sup>th</sup> January 2014. Organised by Manipal University, Under the aegis of NAFESS. Theme: “Vision 2020 – Global Excellence in Physical Education & Sports Science. On 10 <sup>th</sup> January 2014, Sub Theme: Sport Management, Physical Education & Health in Schools.	Co-Chair Person, on 10 <sup>th</sup> January 2014, Session-1

**(Dr. SRINIVASA NALLELLA)**