



Maturi Venkata Subba Rao (MVSR) Engineering College

(An Autonomous Institution)

(Sponsored by Matrusri Education Society, Estd.1980)

Affiliated to Osmania University & Approved by AICTE

Counselling code EAMCET/ECET/ICET: **MVSR** PGECET: **MVSR1**



DEPARTMENT OF PHYSICAL EDUCATION

Nadergul, Hyderabad – 501 510, R.R Dist, TS

Health is a state of physical, mental emotional and social wellbeing. Good health enables people to enjoy life and to have the opportunity to achieve the goals they have set for themselves. Health is quality of life which enables an individual to live most and serve best.

Physical education and sports sciences are learning area empowers students to critically evaluate the opportunities and challenges associated with living in modern society and teach them how to take action to avoid injury or reduce threats to their health and well-being. Mvsr engineering college as established the department of physical education in 5 acres of play grounds.

MISSION

- To provide ample opportunities in diversified areas such as physical activity, exercise, sports and competitions.
- Commitment to encourage, develop and enable opportunities for participation in Sports activities for the campus community.

VISION

- To promote Fitness, health and wellness of the Campus Community.
- To improve the quality of life as a whole.
- To increase participation amongst young boys and girls.
- To develop Sportsmanship and fair competition.

GOALS

- Strengthening of Existing facilities
- Promoting FITNESS to students and staff
- Attracting mass participation
- Creating new facilities
- Proper maintenance of all play grounds
- Inculcating the spirit of sportsman ship

TANGIBLE OUTCOMES

- 100% participation of both UG & PG Students
- State of the art facilities for all sports events
- Conduct of Coaching camps in various disciplines
- Inculcating the spirit of sportsman ship and discipline

PHYSICAL EDUCATION'S INFORMATION

The physical education department of MVSR Engineering College has a dedicated team of people working hard to increase the overall enthusiasm for sports in the institute and the smooth conduction of the tournaments that occur year round. This system covers every individual in the campus, and ensures that good talent is always spotted.

The Physical Education department will organize sports activities in MVSR Engineering College in recognized events, to encourage sportsmanship generally, and to promote friendly relations among the students of the MVSR Engineering College and to foster a close association among them.

It is hoped that these activities would result in greater harmony, health-consciousness, brotherhood, goodwill, work sincerity; sporting spirit, open mindedness, etc. among MVSR Engineering College students and staff.

The Sports activities will help the Institute to identify talented and dedicated sports persons from the students.

Apart from playing regularly at the courts, students at MVSR Engineering College are given opportunity to show their flair and class in various tournaments. Talented players are given opportunity to qualify for entering the tournaments, Inter collegiate tournaments and college teams.

For the freshmen 1st years at MVSR Engineering College, a Freshmen cricket, basketball, volleyball, throw ball, Kabaddi, and football open is held to give them opportunity to show their worth, and year after year, fresh young talented players are identified who are groomed to eventually represent MVSR Engineering College at the Annual Inter college tournament and National level Inter Engineering college Sports Meet - Athlema.

The National level Inter Engineering College Sports Meet - Athlema, the biggest stage for sportsmen from MVSR Engineering College, is held annually during first and second semesters. It is a two-day extravaganza where students get to keep alive the spirit of Citius, Altius, Fortius. The MVSR Engineering College performing best in the National level Inter Engineering College Sports Meet - Athlema or Sports fest wins the General Championship. With the birth of several new MVSRIANS, the talent pool has increased dramatically, resulting in a very closely fought for Championship.

We will strive to raise the standard of sports in the MVSR Engineering College and to work for the development of character and values through sports amongst the staff of the MVSR Engineering College.

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS PURPOSE ARE:

- Promoting interaction among the students of the Institute.
- Fostering fraternal friendship and mutual understanding devoid of any political character whatsoever, and promoting goodwill purely through healthy and friendly participation in sports and games and
- Projecting a laudable image of MVSR Engineering College and enhance its prestige by dedication and determination in pursuit of success and victory in competitive activities of sports and games

FACILITIES AND PROGRAMMES OF THE DEPARTMENT

- The department has Indoor Table Tennis, Chess, Carroms & shuttle badminton and outdoor sports facilities in almost all disciplines, 200mtrs track, Cricket ground, Football Field, Volleyball, Kabaddi, Throw ball, Tennikoit, Hand ball & Basket ball courts.
- The department will organize intramural competitions branch wise in all the disciplines to give an opportunity to involve more number of student community.
- The department will provide an opportunity to talented sportsmen and women to participate in the extramural competitions like, Inter Colligate, Inter University, sports meet / fest and sports competitions regularly.
- The department will organize sports tournaments at our campus regularly.
- Fitness and Conditioning classes were conducted to all first year students regularly during academic year.

Timings: 4.00 p.m. to 6.30 p.m. open to the students apart from office time.



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

The department has outdoor sports facilities in almost all disciplines, 200mtrs track, Cricket ground, Football Field, Volleyball, Kabaddi, Throw ball, Tennikoit, Hand ball & Basketball courts. Indoor sports Table Tennis, Chess, Carroms & Shuttle Badminton.

THE SPORTS COMPRISES OF THE FOLLOWING EVENTS:-

| Sl.No | Sports Field | Nos | Size in sq. mts |
|-----------------------|--------------------------|-----|---|
| Outdoor Sports | | | |
| 1. | Athletics (200mts Track) | 01 | 2120 |
| 2. | Basketball | 01 | 380 |
| 3. | Cricket | 01 | 16,900 |
| 4. | Football | 01 | 5000 |
| 5. | Kabaddi | 02 | 260 |
| 6. | Kho-Kho | 01 | 513 |
| 7. | Hand ball | 01 | 800 |
| 8. | Volleyball | 02 | 324 |
| 9. | Tennikoit | 01 | 67.2 |
| 10. | Throw ball | 02 | 446.52 |
| 11. | Cricket Net Practice | 01 | 66.32 |
| Indoor Sports | | | |
| 11. | Badminton | 02 | Shuttle badminton 13.40 x 6.10 (Civil Block) Shuttle badminton 13.40 x 6.10 (Mech Block) |
| 12. | Chess | 24 | Chess boards 24 nos |
| 13. | Table – Tennis | 04 | Table Tennis 2.74 x 1.525 mts (04 Tables) |
| 14. | Carroms | 08 | Carroms boards 08 |
| 15. | Center for Fitness | 01 | Gym, multipurpose bench, bikes, dumbbells, plate weights, gym ball latest equipment's |
| 16. | Yoga Center | 01 | Yoga practicing arena |
| 17. | Health center | 01 | Visiting Doctor |

Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Basketball Court:



Dr. Srinivasa Nallella
Physical Director



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DEPARTMENT OF PHYSICAL EDUCATION

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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Cricket Ground:



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Football Field:



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Kabaddi Court:



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Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Throw ball Court:



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Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Tennikoit Court:



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Kho-Kho Court:



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Volleyball Court:



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Shuttle Badminton Court: Mech Block



Shuttle Badminton Court: Civil Block



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Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Table Tennis Arena:



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Carroms Arena:



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Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Chess Arena:



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Center for Fitness Arena:



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Cricket Net Practice:



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Handball:



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

200 Mts Track:



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Yoga Center



Dr. Srinivasa Nallella
Physical Director



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FACILITIES AND PROGRAMMES OF THE DEPARTMENT

Health Center:





Dr. Srinivasa Nallella
Physical Director
